MOBILE INTEGRATED HEALTHCARE PRACTICE

Improving population health through innovative alignment of existing mobile health infrastructure

Eric Beck, DO, NREMT-P; Lynn White, MS; Jeffrey Goodloe, MD, NREMT-P; Brent Myers, MO, MPH; Hawaawar May, MD; David Tan, MD; Scott Born, PhD, RN, EMT-P; Jeffrey Beason, DO, RN, EMT-P; Alan Craig, MS, ACP; Edward Racht, MD; and Joan Meiller

The Problem

- U.S. healthcare system often fails to achieve optimal health outcomes while generating exorbitant costs for patients, payors and society
- Estimated $750 billion – 30% of U.S. annual healthcare budget – wasted on unnecessary services, inefficient delivery, excessive administrative costs, and prevention failures
- Patients, clinicians and payors frustrated by barriers to patient access, fragmentation of acute and chronic care, ineffective management of chronic illness, and complex, outdated reimbursement processes
- Renewed focus on “bringing healthcare to the patient” has underscored need for realignment of financial incentives and reimbursement policy

Proposed Solution

- Focus on patient-centered navigation and offer community-centered care by integrating existing infrastructure and resources, bringing care to patients through technology, communications, and health information exchange
- Define operations through community needs assessment tools
- Establish multiple community partnerships under active physician medical direction
- Improve access to care and health equity through 24-hour care availability
- Deliver evidence-based practice using multidisciplinary and interprofessional teams in which providers utilize the full scope of their individual practices

Conclusion

- A New Framework: Mobile Integrated Healthcare Practice allows integrated, interprofessional care brought to patients in their homes.
- A Locally Adaptable Construct: This model is locally adaptable for both disease-specific interventions and the care of broader patient populations.
- Multiple Benefits: Framed by local needs analysis, a community-specific strategic plan, patient-centered metrics, and the cost-effective leverage of existing care resources, MIPH offers a novel approach to out-of-hospital care.

CONTACT!
Eric Beck, DO, NREMT-P
Eric.Beed@envhealth.net

Example MIPH Programs
- Univ. of Chicago CHP Readmission Reduction Program, Chicago, IL
- MedStar Mobile Healthcare Hospital Re-admission Avoidance Program, Ft. Worth, TX
- Wake County Senior Fall Response & Prevention Program, Raleigh, NC

References